



BLICK  
RESOURCES  
FOR  
CREATIVES

# Getting to Know Yourself Journal Prompts

**Self-reflection Resources**

Better understanding yourself as a person, what drives and motivates you, your hopes and dreams, strengths and weaknesses, will help you define your creative idea. It will steer you to an idea that makes you happy and fulfilled and fits with your life, your goals and your aspirations.

01.

Are you living  
the life that  
you want? If  
not, what do  
you need to  
change?

02.

What do you  
most like to  
do? What  
makes you  
come alive?

03.

What is your  
dream life  
and lifestyle?

04.

Are you  
earning the  
money you  
need to live  
your dream  
life?

05.

What do  
you think  
are your  
strengths  
and what  
do you  
think you  
could work  
on?

06.

What skills  
would you  
like to  
develop  
and how  
would you  
like to  
challenge  
yourself?

07.

What  
would you  
most like  
to achieve  
in life?

08.

If you  
were to  
look back  
on your  
life, what  
would you  
most  
regret not  
doing?