

**CLICK
RESOURCES
FOR
CREATIVES**

Getting to Know Yourself Journal Prompts

Self-reflection Resources

Better understanding yourself as a person, what drives and motivates you, your hopes and dreams, strengths and weaknesses, will help you define your creative idea. It will steer you to an idea that makes you happy and fulfilled and fits with your life, your goals and your aspirations.

01.

**Are you living
the life that
you want? If
not, what do
you need to
change?**

02.

What do you
most like to
do? What
makes you
come alive?

03.

**What is your
dream life
and lifestyle?**

04.

**Are you
earning the
money you
need to live
your dream
life?**

05.

What do
you think
are your
strengths
and what
do you
think you
could work
on?

06.

What skills
would you
like to
develop
and how
would you
like to
challenge
yourself?

07.

What
would you
most like
to achieve
in life?

08.

If you
were to
look back
on your
life, what
would you
most
regret not
doing?