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RESOURCES
FOR
CREATIVES

Creative Practice Reflection — Journal Prompts

Self-reflection Resources

01.

Reflect on the area of your creative practice you have experienced the most growth this year.

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02.

What have you learned, and how have you evolved in that part of your life?

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03.

What are you proud of or deeply grateful for this year in your creative practice?

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04.

What are you proud of or deeply grateful for this year in your creative practice? List everything that comes to mind big or small.

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