

**BLICK  
RESOURCES  
FOR  
CREATIVES**

# Refining Your Idea: Creative Practice Reflection Journal Prompts

**01.**

**Reflect on the  
area of your  
creative practice  
you have  
experienced the  
most growth this  
year.**

02.

**What have you  
learned, and  
how have you  
evolved in that  
part of your life?**

**03.**

**What are you  
proud of or  
deeply grateful  
for this year in  
your creative  
practice?**

04.

List everything  
that comes to  
mind big or small