

BLICK
RESOURCES
FOR
CREATIVES

Goal Setting Template

Self-reflection Resources

My Goal:

Goal start date:

Goal end date:

- Is this goal realistic and achievable?
- Why is this goal important to me?
- How will I know I have succeeded?
- And how will I feel?
- What are the challenges or problems that might arise? And how will I overcome them?
- What specific actions will help me achieve this goal?